

# 2019 Futures Camp



## Date

17-20th January 2019

## Location

Australian Institute of Sport, Canberra

## Cost

\$300 + travel cost to Canberra

*This camp is aimed at athletes transitioning to Cadet age group competitions in 2019 and 2020. Athletes eligible to apply will have been born in 2004 or 2005, will be a minimum grade of 3<sup>rd</sup> Kyu (green belt) and will have competed at the JA National Championships in 2017 or 2018.*

For more details and to complete an expression of interest, go to

[www.ausjudo.com.au](http://www.ausjudo.com.au)

**SPORTAUS**



## **Judo Futures Summer Camp**

**Date:** 17<sup>th</sup> to 20<sup>th</sup> January 2019

**Venue:** AIS Combat Centre, Canberra

Do you enjoy competing in Judo and want to learn skills that could help you represent Australia in the future?

This opportunity is for you!

JA is holding a 3-day Summer Camp at the AIS Combat Centre for girls and boys born in 2004 and 2005. In this world-class sporting environment, young athletes will be introduced to the JA High Performance program in a fun but educational way. The program will include:

- judo training sessions teaching important skills for competitive judo;
- fun and games to improve physical abilities, on and off the Judo mat;
- education about the elements that contribute towards becoming a successful judo athlete including goal setting, and performing at your best;
- education about how to successfully transition from a senior girl/boy to a cadet athlete;
- introduction to the JA High Performance program and what younger athletes need to know;
- learning from successful athletes who have competed on the international stage; and a
- tour of the Australian Institute of Sport.

There are 55 places available for this camp and preference will be given to medallists from the past two National Championships. The remaining places will be distributed on a “first come, first served” basis. The cost of this camp is \$300pp, which includes all meals at the AIS dining hall, accommodation, training facility and coaching. Travel cost is additional (see below).

Eligibility to attend this camp:

- must be a financial registered member of JA
- born in 2004 or 2005
- minimum grade of 3<sup>rd</sup> Kyu (green belt)
- participation in the 2017 and/or 2018 National Championships

### **How will travel be arranged?**

Each athlete is responsible for arranging their own travel to Canberra and making their own bookings. Athletes must arrive in Canberra by 5pm on the 17<sup>th</sup> January and can leave after lunch at 1pm on the 20<sup>th</sup> January 2019. Of course, JA wants to make sure that athletes are safe when travelling to and from the camp, so once athlete invitations are finalised everyone will be given contact details of other athletes and parents who are attending the camp from their local area. This will allow parents to coordinate flight bookings, bus tickets or car-pooling to allow athletes to travel together. If one of the coaches for the camp is from your state, they will also help with this coordination process. JA will arrange for athletes to be picked up from Canberra airport or coach station by an adult staff member or coach.

**Please do not book travel until you have received confirmation that you will be invited to attend the camp.**

**Who will be coaching at the camp?**

The camp will be led by four coaches selected from around Australia who are experienced in coaching State level athletes. All coaches have Working with Children Checks (or equivalent) and are certified to safely look after children. The Combat Centre team based at the Australian Institute of Sport will also be present and involved in the camp management.

**When will I hear if my application to attend the camp has been successful?**

Applicants will be notified by 4pm on Friday 30<sup>th</sup> November 2018 if they have been accepted to attend the camp.

**Does attending the camp mean I will be more likely to be selected to represent Australia in the future?**

No, but it will be educational and fun. Our aim is for you to learn but attendance has no bearing on selection in the future.

Any questions in relation to this camp should be directed to Judo Australia Technical Director, Maria Pekli via [Maria.Pekli@ajudo.com.au](mailto:Maria.Pekli@ajudo.com.au)

## Athlete Expression of Interest Form

1. Athlete's full name: \_\_\_\_\_  
 NB. as written on formal ID (e.g. passport, driving licence)
  2. Athlete's date of birth: \_\_\_\_\_
  3. Address: \_\_\_\_\_
  4. Athlete's contact details  
 Home phone: \_\_\_\_\_ Mobile: \_\_\_\_\_  
 Email address: \_\_\_\_\_
  5. Gender (please circle):                      Male                      Female
  6. Athlete's best result at the last two National Championships (2017 and 2018):  
 \_\_\_\_\_
  7. Parent/Guardian's Contact Details  
 Name: \_\_\_\_\_ Home phone: \_\_\_\_\_ Mobile: \_\_\_\_\_  
 Email address: \_\_\_\_\_
  8. Club Coach Contact Details  
 Club Name: \_\_\_\_\_ Coach Name: \_\_\_\_\_  
 Phone number: \_\_\_\_\_ Email address: \_\_\_\_\_
- Please tick both boxes below to confirm:**
- ☐ I would like to attend the Judo Futures Summer Camp at the AIS Combat Centre from 17<sup>th</sup> – 20<sup>th</sup> January 2019.
- ☐ I confirm that I satisfy the eligibility criteria for attendance at this camp:
- ☐ I am a financial member of the JA;
  - ☐ I was born in 2004 or 2005;
  - ☐ I hold a minimum of green belt; and
  - ☐ I have participated at the 2017 or 2018 National Championships.
9. Does the athlete have any allergies? If yes, please provide details: \_\_\_\_\_  
 \_\_\_\_\_
  10. Does the athlete have any specific dietary requirements? If yes, please provide details: \_\_\_\_\_  
 \_\_\_\_\_
  11. Please provide athlete's Medicare details: Card number \_\_\_\_\_  
 Position on card (e.g. 1, 2): \_\_\_\_\_
  12. Alternative Emergency (Next of Kin) Name: \_\_\_\_\_  
 Phone number 1: \_\_\_\_\_  
 Phone number 2: \_\_\_\_\_



**Parental consent and final confirmation of registration**

Athlete and parent/guardian must sign below to confirm that he/she:

- Would like to attend the Judo futures Summer Camp at AIS Combat Centre from the 17<sup>th</sup> to the 20<sup>th</sup> January 2019,
- If selected, agrees to pay the \$300 payment to attend the camp

Signature of Athlete: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent/Guardian name: \_\_\_\_\_

Parent/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**This form must be submitted to [maria.pekli@ausjudo.com.au](mailto:maria.pekli@ausjudo.com.au) by 4 pm on Friday, 23 November 2018.**

**There are only 55 places available for athletes to attend the 3-day camp from 17<sup>th</sup> to 20<sup>th</sup> January 2019. Places will be allocated to National Championships medallists in the first instance then on a "first come first served" basis.**